



Please read this leaflet alongside our Child Protection Children's leaflet and our school's Anti Bullying Policy.



Believe...Inspire...Achieve

St John's C of E Primary & Nursery School

We are mindful of our everyday target of **no bullying** because we care for each other.



Children's Anti-Bullying Leaflet

written by St John's Pupils

Anti-Bullying Policy

At St John's bullying is never acceptable.

What is Bullying?

- The repetitive, intentional hurting of one person or group by another (or others).
- Bullying hurts people on purpose and repeatedly. It can take many forms and hurt people face-to-face (physically) and inside (mentally).
- Name-calling or Gossip or Leaving people out and not letting them join in (excluding)
- Sending nasty messages on the internet or mobile phones or social platforms.

Who is involved?

The Bully - A bully is a person who seems to have a lot of power over other people but makes wrong choices and hurts others by saying or doing bad things over and **over again**.

The Victim - The victim is the person who is being hurt by the actions of the bully. They need to tell a trusted adult so that the problem can be investigated and the bullying STOPPED. They should never keep it hidden because it could get worse. It feels like the victim has no power over the situation.

Different roles within bullying situations can be identified and include:

Ring-leader - who through their position of power can direct the bullying.

Assistants - who actively join in the bullying (sometimes because they are afraid of the ring-leader)

Reinforcers - who give positive feedback to those who are bullying, perhaps by smiling or laughing

Bystanders - who stay back or stay silent and thereby appear to condone or collude with the bullying behaviour

Defenders - who try and intervene to stop the bullying or comfort pupils who experience bullying.

The Bystander and why YOU shouldn't be one

A bystander is a person just watching and letting it happen. Sometimes bystanders even encourage the bully and this is equally bad.

- A bystander has the power to change the situation if they tell an adult.

What to do and who you can tell

- Say **STOP IT**, I don't like it
- Tell a trusted adult in school
- Talk to the bully with an adult
- Keep away from them
- Be in a group with good friends
- Talk to your parents
- **CHILDLINE 08001111**
- **CEOP report** button



At St John's bullying is taken seriously and will be dealt with immediately.